



Please join us in welcoming

# Hiroshi Ikeda Shihan, 7<sup>th</sup> Dan

## November 19-21, 2010

**Friday, November 19**  
6:30 pm – 8:30 pm



**Saturday, November 20**  
10:00 am – 12:00 pm  
-lunch break-  
2:30 pm – 4:30 pm  
5:00 pm Dinner at  
Gourmet House  
(Chinese cuisine)

**Sunday, November 21**  
10:00 am – 12:00 am

**Registration Fees:**

**All days \$120**

**Or \$35 per class**

**Dinner \$20 per person**

(Space is limited, please pre-register)

9225 Trinity Drive

Lake in the Hills, IL 60156

(847) 458-9309 [www.aikidoshimbokudojo.com](http://www.aikidoshimbokudojo.com)



## Seminar with Hiroshi Ikeda Shihan, November 19-21, 2010

### Registration and Waiver Form

**Aikido Shimboku Dojo is honored to host Hiroshi Ikeda Shihan, 7<sup>th</sup> Dan.** Hiroshi Ikeda Shihan is the founder and chief instructor of [Boulder Aikikai](#), a non-profit school of aikido in Boulder, Colorado, USA. He currently holds the rank of 7th dan through Mitsugi Saotome Shihan and the Aikido World Federation (Hombu Dojo). Ikeda Sensei began his study of aikido in 1968, as a college student at Kokugakuin University in Tokyo. In 1978, he followed Saotome Sensei to Sarasota, Florida. In 1980, he moved to Boulder to establish Boulder Aikikai, an associate of Saotome Sensei's Aikido Schools of Ueshiba. Ikeda Sensei lives with his family in Boulder, where he teaches at Boulder Aikikai. He also travels extensively, conducting aikido seminars at dojo around the country and abroad.

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#### **REGISTRATION:**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Telephone Number:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Dojo / Affiliation / Rank:** \_\_\_\_\_

#### **Indicate Schedule:**

\_\_\_ All days \$120 \_\_\_ Friday \$35 \_\_\_ Saturday AM \$35 \_\_\_ Saturday PM \$35 \_\_\_ Sunday \$35  
\_\_\_ Dinner on Saturday \$20 (please note any dietary considerations: \_\_\_\_\_)

**Please make checks payable to "Aikido Shimboku Dojo".**

#### **Waiver**

In consideration for the privilege of participating in Aikido Shimboku Dojo, Inc. classes, I, the undersigned, releases, acquits and forever discharges Aikido Shimboku Dojo, Inc., and each of its officers, agents and employees of and from any and all claims, demands and causes of action which the undersigned may now or shall here after have or claim for on account of, or deriving in any manner from any injury to person or damage to property of any nature, arising out of participation in the martial arts classes and/or other activities herein described, or any activity or travel related thereto or attendance thereat. The obligations and undertakings herein expressed shall be binding upon the heirs, executors, administrators, representatives and assignees of the undersigned. I realize that the practice of martial arts contains an inherent risk of personal injury and I hereby assume that risk.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact Name and TEL \_\_\_\_\_